

Thoughts on the Daily Word:

15th Week of Year. Thursday 15th July. Readings: Exodus 3:13-20; Psalm: 104; Matthew 11:28-30.

Names are powerful. The first thing that happens at the wonderful sacrament of Baptism is the request to the parents, 'what name do you give your child?' it must be the most moving thing to experience, naming a human being, really for eternity. My time as Parish Priest of the parish of the Most Holy Name of Jesus, always just known as the 'Holy Name', made a deep impression on me. Just before I left, Matt Redman brought out the worship song, '10,000 Reasons', with its wonderful chorus of 'bless the Lord oh my soul, worship his Holy Name', that forever after brings me to tears! Naming also lays a purpose and meaning in our life, or it should. I discovered that my name of Michael meant someone close to God and his strength. Something that gave me a renewed sense of vocation in my life. This too can seem a burden, or yoke, but Christ tells us that with him we can carry any burden.