

Thoughts on the Daily Word

1st Week of Lent. 23rd February. Readings: Leviticus 19:1-2,11-18; Psalm 18; Matthew 25:31-46.

The beginning of Lent seems to thrust us into a series of do's and don'ts. The response to the psalm gives us a clue to the real thrust of the journey of Lent. Your words are spirit Lord, and they are life. The movement is not to just more regulations backed up by more fear. On the contrary, it moves us towards the amazing love of a God who identifies with the weak and most vulnerable. That is the challenge right at the beginning. Just as so many people have identified with the suffering of Gaza and Ukraine, so God invites us to see first our brothers and sisters around us in spirit before we even begin to look at rules and regulations.