

Thoughts on the Daily Word

6th Week of Year. Monday 16th February. Readings: James 1:1-11. Psalm: 118; Gospel: Mark 8:11-13.

That patience is a virtue is a well-known expression. What that really means is that patience is a power to make things happen. The literal meaning of the word 'virtue' is that of empowerment. James tells us what patience can accomplish, as he describes the life of the Christian. We see in the Gospel Jesus struggling with patience as he is angry with the pharisees. His patience, however, is expressed in his crossing of the water, an Exodus moment. His patience, in his struggle, allows him to return to the journey that he is on. It invites us to show the same kind of patience in our journey of faith and keeping to our Exodus story of faith.